



REPORT ON STUDY TOUR

1. Title: Study Tour to Nongtraw Village, Sohrarim
2. Objective:
 - a. Analyzing Rural Livelihoods or economic practices in the village.
 - b. Exploring Indigenous Knowledge and Sustainability through traditional ecological practices.
 - c. Assessing community infrastructure, education, healthcare, and economic opportunities.
3. Dates: 15th March 2025
4. Duration: 1 Day
5. Collaborations: NA
6. No of participants students: 125
7. No of Participants faculty: 3
8. No of participants others: 2
9. Outcome:
 - a. Second Semester- Culture and Communication:
 - i. The students were able to acquire a deeper understanding of rural Meghalaya's socio-economic and cultural landscape.
 - ii. With regards to the Nongtraw village, the cluster village settlement is seen, people communicate mainly in their mother tongue though some are conversant in English.
 - iii. Proper transportation was not yet developed and the people use the staircase which was initially built by the locals and later the staircase was modified by the government to facilitate their way of living.
 - iv. Additionally, they also use the rope-way to transport heavy goods and agricultural products, hence, saving their time and energy. If the rope-way stop functioning properly, the people have to carry their goods manually using the staircase.



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- v. The students also witnessed the unique culture of the village. There were many instances where the students noticed how the villagers built their houses, mainly in Assam-type; families were unaware of the family planning.
 - vi. Close interpersonal relationship was visible and high element of trust was seen when people leave their children and houses without securing with lock and key.
 - vii. Though religiously they have adopted Christianity, yet they still hold strongly to their traditions, customs and social values. Moreover, the students found out that the people have a strong community life depicting their unity and solidarity.
 - viii. The students noticed that technology has also touch the life of the people which can be seen through the availability of electricity, solar energy and the use of mobile phones.
- b. Fourth Semester- Rural Sociology:
- i. The students were able to learn the rural economy practiced by the villagers.
 - ii. The students were familiarized to different sources of income generation adopted by the villagers like the broom, bamboo, coffee plantation, bay-leaf, poultry farming, growing of vegetables like pumpkin, potato, sweet potato, yam, pineapple, millet etc. and bee-keeping.
 - iii. The villagers adopt the slash and burn cultivation (*Thang Shyrti*).
 - iv. The villagers are also engaged in traditional craftsmanship of bamboo basket making for economic reasons.
 - v. The children are left at home by the elders who goes to the field for cultivation purpose. In this regard, the eldest child (in most cases age 5-6 years) looks after the younger child(ren) living to their expected role and responsibility.
 - vi. The village has one primary school and a Catholic Chapel.
- c. Sixth Semester- Oservation as a Technique of Data Collection
- i. Proper waste management is administered where dustbin is setup all along the trek path.
 - ii. Washing and drying of clothes in the Wah Sohra.
 - iii. Water projects by government through the Jal Jeevan Mission scheme and KHADC.



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- iv. Well maintained footpath (cobalt and concrete)
 - v. Religious composition- 43 families are catholic and only 2 families retain traditional Khasi religion. Only 1 Church, St. James Chapel.
 - vi. 2 football field for recreation.
 - vii. Use of firewood; not pine trees but other species of trees for convenience.
 - viii. Most lands are privately owned.
 - ix. The students observed that people are very hard working
 - x. Hygiene and Sanitation may be improve
 - xi. Tour guide, Kong Suklin Dohling was awarded the Community Talks 2-2024 Award for her outstanding contribution to her community.
- d. Due to the language barriers, the students used observation method as a technique of data collection to understand the rural life and rural culture of the people.



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Form_Response1	Timestamp	Email address	Were you able to use the tools of research methods?	Name (in full)	WhatsApp Number	College Roll Number	Semester	How relevant is the field trip?	Was the objective clearly given?	Are you clear with the guides explanation during the study tour?	Any suggestions or comments?
2	16/03/2025 20:00:11	sukanyaswamali@gmail.com	Yes	Sukanya Deka	9678325725	22/SOCI/052	Sixth	3	Yes	Yes	none
3	16/03/2025 20:00:19	brahmabaktimaj@gmail.com	Yes	Bhaktima Brahma	9707997533	22/SOCI/070	Sixth	5	Yes	Yes	No
4	16/03/2025 20:01:41	shyamsrutidebbarma@gmail.co	Yes	Shyamsruti Debbarma	6009908127		51 Sixth	5	Yes	Yes	No
5	16/03/2025 20:02:41	hosealibunon@gmail.com	Maybe	Hosea Laichunghnung Inbunon	9863468001	23/SOCI/24	Fourth	3	Yes	Maybe	It was a great and wonderful trip with new lots of experience and understanding the struggle of the rural people and their environment and surrounding
6	16/03/2025 20:04:43	kasegullukamson@gmail.com	Yes	Kasegullu Kamson	9233775342	23/soci/009	Fourth	2	Yes	Yes	It was an amazing experience with lots of adventures.
7	16/03/2025 20:04:56	tiamchen180@gmail.com	Yes	Tiakuma Imchen	9383046554	22/SOCI/060	Sixth	2	Maybe	No	No
8	16/03/2025 20:05:18	nisthapritydutta@gmail.com	Yes	Nistha Prity Dutta	6002905627	24/SOCI/063	Second	5	Yes	Yes	no
9	16/03/2025 20:05:34	albanlathong10@gmail.com	Maybe	Albandari Lathong	9863104750	23/soci/20	Fourth	3	No	No	The study tour was an eye opening experience that allow me connect with the nature and understand the challenges face by the rural communities
10	16/03/2025 20:05:39	balaabiangkongwang@gmail.c	Maybe	Balaabiang Kongwang	9612528422	24/SOCI/040	Second	2	Yes	Yes	I'm grateful I had the opportunity to go to the tour and if I get another chance to go on a trip/tour again, I hope we wouldn't have to walk for one hour to reach the destination.
11	16/03/2025 20:05:41	sangmalavish@gmail.com	Maybe	Lavish A Sangma	7640887617	23/soci/014	Fourth	4	Yes	Yes	No.
12	16/03/2025 20:09:07	hunphunwostik@gmail.com	Maybe	Yainrephy Hunphunwosthi	8974425308	24/soci/18	Second	4	Maybe	Yes	No I don't have any
13	16/03/2025 20:09:35	weyokapfo@gmail.com	Yes	Weyo Kapfo	9612861550	22/SOCI/005	Sixth	3	Maybe	No	It can be enhanced by incorporating interactive experiences, such as hands-on activities and local expert.
14	16/03/2025 20:11:03	tanushreegoswami2005@gmai	Yes	Tanushree Goswami	6003835325	24/SOCI/062	Second	5	Yes	Yes	My suggestion would be if we could be able to ask the villagers about their lifestyle and also their way of practicing their culture more deeply.
15	16/03/2025 20:11:16	nikitapotsangbam5@gmail.co	Maybe	Nikita Potsangbam	9863070411	23/SOCI/008	Fourth	2	Yes	No	We need more exposure and communication on a field trip
16	16/03/2025 20:12:28	molsoibromnangti@gmail.com	Yes	Bromnangti Molsoi	6118040400	24/soci/010	Second	4	Yes	Yes	It was a new experience for me and I have learned more about the culture of rural life
17	16/03/2025 20:13:22	lahuohima@gmail.com	Maybe	Angel Lahuohim	7005430590	23/SOCI/038	Fourth	4	Maybe	Yes	more study trips in the future
18	16/03/2025 20:13:45	shiluchubalaimchen@gmail.co	Maybe	L. Shiluchubala Imchen	6033858317	027	Sixth	3	Yes	No	No
19	16/03/2025 20:13:59	sahaayaskrit002@gmail.com	No	Ayaskriti Saha	9862877515	22/SOCI/064	Sixth	2	Maybe	Maybe	no
20	16/03/2025 20:17:14	victorhiek94@gmail.com	Yes	Victor L Thiek	8258094220	24/SOCI/007	Second	4	Yes	Yes	It was a very informative and educationally enriching study tour
21	16/03/2025 20:22:01	reuelgidid@gmail.com	Yes	Reuel Giddiel Shadap	9612611417	023/Soci/034	Fourth	4	Yes	No	But it was worth it. Trekking provided many of us a new experience.
22	16/03/2025 20:22:46	saniamsangma5@gmail.com	Maybe	Saniam Agtok Sangma	9362906954	024/SOCI/039	Second	4	Yes	Yes	I will suggest to Provide more information about the destinations and activities beforehand.
23	16/03/2025 20:23:52	ftlara20031@gmail.com	Maybe	Faustina Tiara Jywa	7085488265	23/soci/044	Fourth	3	Yes	Yes	It was a very challenging and eye opening experience.To me personally,the study tour/trek tested our faith in oneself,in God and as well as our determinatio
24	16/03/2025 20:25:09	swargiaryojit@gmail.com	Maybe	Joyiti Swargiary	8798720570	22/SOCI/037	Sixth	3	Yes	No	Basic clarification about the location and safety measure before any trip.
25	16/03/2025 20:30:02	rupintith5@gmail.com	Maybe	Tithi Rupini	9366939454	22/SOCI/038	Sixth	5	Yes	Yes	No
26	16/03/2025 20:31:33	shivaniadhar1999@gmail.com	No	Shivani	8794832837	043	Sixth	1	Maybe	No	Piz don't take for trekking again
27	16/03/2025 20:31:41	haokip2006@gmail.com	Yes	Lunchunghung Haokip	7005897640	49/SOCI/24	Second	2	Yes	Yes	The study tour was excellent. The presentations were insightful, and I gained a lot of practical knowledge. Perhaps a bit more time for individual exploration would have been beneficial. But the diverse range of sites and speakers provide a comprehensive overview of Sociology and I would recommend this tour to fut students.
28	16/03/2025 20:44:48	rwngmaridebbarma26@gmail.	Yes	Rwngmari Debbarma	9366522677	24/SOCI/046	Second	3	Yes	Yes	Trekking is pretty tough so personally I need more information about the location along with materials to carry and outfit.
29	16/03/2025 20:56:35	fatimakhrim@gmail.com	Maybe	Fatima khriam	6009248468	020	Sixth	3	Yes	Maybe	No
30	16/03/2025 21:08:26	sonianingthoujam1@gmail.co	Yes	Ningthoujam Sonia Devi	6909691635	A207441	Sixth	3	Yes	Yes	The study tour was very hard since we walk through many stairs but at the same time I get to learn about the livelihood of the village people
31	16/03/2025 21:09:06	chesielasangma2022@gmail.co	Yes	Chesiel Agtok Sangma	7005696810	24/SOCI/037	Second	3	Maybe	Maybe	Proper location of the place so that we can prepare for the weather, terrains etc of the area and with food and water as well.
32	16/03/2025 21:22:03	rahungbepame@gmail.com	Yes	Rahungbe Pame	9326836572	24/soci/022	Second	4	Yes	Yes	Everything was well-organized, and I had a fantastic time exploring new concep outside the classroom.
33	16/03/2025 21:22:53	kothomati@gmail.com	Maybe	Kothomati Debbarma	9366753994	23/SOCI/053	Fourth	2	Maybe	Yes	No comments
34	16/03/2025 21:59:49	junglarea@gmail.com	Yes	Damalalang Lamare	6909506405	23/SOCI/47	Fourth	5	Yes	Yes	No
35	16/03/2025 22:06:48	harshinisakia@gmail.com	Maybe	Harshini Sakia	6001438316	23/SOCI/013	Fourth	3	Yes	Yes	
36	16/03/2025 22:51:54	cheanasangma851@gmail.co	Yes	Cheana Sangma	6009566233	24/SOCI/044	Second	4	Yes	Maybe	This village is so clean and it have a nice view and people here value their environment.
37	16/03/2025 22:54:31	akummarimsong24@gmail.co	Yes	Akummaro Imsong	7085285583	23/SOCI/003	Fourth	5	Yes	Maybe	Proper time management is very much needed.
38	17/03/2025 00:10:21	juliefalidnthari@gmail.com	Maybe	JULIE F LALDINTHARI	9383074160	24/soci/034	Second	2	Maybe	Yes	No
39	17/03/2025 00:27:34	investfelieryngdohmgaid@gmail	Maybe	Investfelieryngdohmgaid	6909642138	22/SOCI/022	Sixth	3	Maybe	Maybe	No
40	17/03/2025 00:27:55	synrejmason@gmail.com	Maybe	Jason Arnold Synrem	8131845288	22/soci/048	Sixth	3	Maybe	Yes	No
41	17/03/2025 07:33:53	nunhoi2004@gmail.com	Maybe	Nengnunhoi Chongloi	9362176339	22/soci/001	Sixth	3	Yes	No	None
42	17/03/2025 07:34:45	jessicakon77@gmail.com	Yes	M.JESSICA KOM	6000156738	22/SOCI/058	Sixth	2	Maybe	No	NONE
43	17/03/2025 18:25:17	aichiwasane@gmail.com	Maybe	Aichi Wasane A Sangma	7005131982	22/SOCI/002	Sixth	3	Maybe	Maybe	None
44	17/03/2025 18:26:00	samaupasana141@gmail.com	Yes	Upasana Sarma	7002713176	24/SOCI/002	Second	5	Yes	Yes	No
45	17/03/2025 18:27:09	roshnichettri369@gmail.com	Yes	Roshni Chettri	6296385496	24/SOCI/ 031	Second	2	Maybe	Yes	Maybe we can choose some place that may not take so long to reach the destination and would focus on the interaction and the objective of the trip. The trip was nice and fun.
46	17/03/2025 18:28:25	lamarefreedy@gmail.com	Maybe	Freedy lamare	6909603260	23/soci/050	Fourth	2	Maybe	Maybe	The study tour was lovely
47	17/03/2025 18:28:47	christinenongrum3@gmail.com	Maybe	Christine Analiah Nongrum	8259809656	22/SOCI/033	Sixth	3	Yes	Yes	Nil
48	17/03/2025 18:32:50	lujanliu.ruangmei@gmail.com	Yes	Lujanliu Ruangmei	9362081643	23/soci/021	Fourth	5	Yes	No	Nothing much
49	17/03/2025 18:34:06	kaitanabya@gmail.com	Maybe	Nabya kalita	9395536031	23 soci 041	Fourth	3	Yes	No	More study tours to be organised but keeping the health conditions in mind
50	17/03/2025 18:38:43	thejavorkh13@gmail.com	Yes	Thejavor Khithi	8099992976	24006192	Second	4	Yes	Yes	The study tour was fun and educative. I learnt alot about rural life in general, the hardworking villagers with their simple yet fulfilling and practical lifestyle is a way of life few individuals of our modern generation learn and understand. These rural lands and communities here were the places where the foundation of both our material and non-material culture were placed and grown and the study tour helped me personally not only as a student but also as an individual to see and learn about the roots of one's culture.
51	17/03/2025 18:44:11	marshaldebbarma28@gmail.co	No	Marshal Debbarma	8794372998	24/soci/015	Second	3	Yes	No	No comments
52	17/03/2025 18:47:19	riwakapybot05@gmail.com	Maybe	Riwaka Tangsong	7640982379	23/SOCI/025	Fourth	3	Yes	No	90% of the students were absent after the trip due to muscle cramps, I hope our next study tour would be somewhere we don't have to struggle because instead of having a learning experience, the students were ranting about how difficult the trip was.
53	17/03/2025 18:58:11	khamujalahunlang@gmail.com	Maybe	Lahunlang Khamujal	9863128901	23/SOCI/018	Fourth	4	Yes	Maybe	I would like to leave a comment that personally I wished we had more time interacting with the villagers and getting to learn about their social living.
54	17/03/2025 19:13:56	mawifamki@gmail.com	Yes	Mawifamki	9362780882	23/SOCI/045	Fourth	3	Yes	Yes	No comment



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95	11/04/2025 19:17:43	daaswervc@gmail.com	Yes	Usaikmen Swer	9592009962	23/00CI/013	Fourth	3	Yes	Yes	No comment
96	17/03/2025 19:31:17	sent2lakum@gmail.com	Maybe	Sentikunia Imsong	9863290357	24/00CI/004	Second	3	Maybe	Maybe	It was quite challenging but overall a good experience.
97	17/03/2025 19:42:58	ridashishawari@gmail.com	Yes	Ridashisha Wari	8131846860	22/00CI/047	Sixth	3	Yes	Maybe	NO
98	17/03/2025 20:00:29	bkonyak4@gmail.com	Yes	Boangba A Konyak	7085921929	23/00CI/042	Fourth	3	Maybe	Yes	Fun but tiring
99	17/03/2025 20:01:48	isabelamyllemingap@gmail.co	Yes	Isabella Hunsha Myllemingap	6909063506	24/00CI/033	Second	5	Yes	Yes	No
100	17/03/2025 20:04:04	azelaypyngrope@gmail.com	Yes	Azelea Adreana Pyngrope	9863247049	23/00CI/029	Fourth	3	Yes	Maybe	The field trip was a great experience. We got to experience the hardships the villagers there have to face in their day to day life.
101	17/03/2025 20:22:45	diangmonicaadhar@gmail.com	Yes	Diangmon Ica Dhar	6909538189	23/00CI/048	Fourth	5	Yes	Yes	It was a great learning experience and definitely looking forward to more such opportunities.
102	17/03/2025 20:40:56	nialangleo@gmail.com	Yes	Guilleo Nialang	97741 73784	22/00CI/034	Sixth	2	Yes	Maybe	The trip was very enjoyable and it is important for us to expose it teach us the lesson to be hard work.
103	17/03/2025 20:48:08	medonjoshua00@gmail.com	No	Medonlang Joshua Basaiawm	9362704771	24/00CI/051	Second	3	Maybe	Yes	no
104	17/03/2025 20:51:47	oyartaga29@gmail.com	Yes	Oyar Taga	8798577525	22/00CI/071	Sixth	5	Yes	Yes	no
105	17/03/2025 21:17:39	lhingpothembate@gmail.com	No	Lhingpothem Bate	9077218126	22/00CI/059	Sixth	4	Yes	Maybe	No
106	17/03/2025 21:20:12	hming2renthei@gmail.com	Maybe	Lahmringthui Renthei	8730904043	036	Sixth	3	Maybe	No	It was exhausting yet memorable, but I hope we get to have a more enjoyable study tour next time, unlike
107	17/03/2025 21:20:39	debbierate237@gmail.com	Maybe	Debbie Lalrottuangli	9362217357	22/00CI/039	Sixth	3	Maybe	Maybe	Exhausting but it was a thrilling and fulfilling experience
108	17/03/2025 21:21:33	adriana.s.k.marak@gmail.com	Yes	Adrina S. K. Marak	9774822687	22/00CI/057	Sixth	2	Maybe	No	-
109	17/03/2025 21:21:33	mayanglambambidya@gmail.c	Yes	Mayanglambam Bidyalumi D.	9366785388	22/00CI/030	Sixth	3	Yes	Yes	-
110	17/03/2025 21:23:26	teteirah1604@gmail.com	Maybe	VL Tetsui	7085980575	013	Sixth	3	Yes	Maybe	It was tiring and exhausting but worth it
111	17/03/2025 21:24:54	vlhmangarib@gmail.com	Maybe	VL HMANGARIH	7630943172	22/00CI/012	Sixth	3	Maybe	Maybe	It was fun and nice until we have to climbed up again 🏔️
112	17/03/2025 21:28:31	kukupanne@gmail.com	Yes	Thuankulung Pannel	9362009296	24/00CI/020	Second	5	Yes	Yes	The field trip was a really eye-opening experience. It helped us understand rural life, community and how people adapt to their environment. Seeing the way the villagers live, work, and interact deeper understanding of concepts like social organization and sustainability. It was a great way to connect what we've been learning in class to real-life situations.
113	17/03/2025 21:41:09	lucylairihui@gmail.com	Maybe	Lucy Lairihui	8730803792	23/00CI/035	Fourth	3	Maybe	Maybe	looking forward to a more fun trip
114	17/03/2025 21:41:37	lendiyalakichujar101@gmail.co	Yes	lendiyala Kichujar	9366885430	23/00CI/005	Fourth	4	Yes	Maybe	Overall a good experience with a beautiful view which also took my breath away.
115	17/03/2025 21:49:07	janepakymteing@gmail.com	Maybe	Cheryl Jane Pakymteing	8974271420	23/00CI/012	Fourth	5	Yes	Yes	No
116	17/03/2025 21:59:41	zualteakt02@gmail.com	Maybe	Lairinzuala	9612206900	80CI/22/010	Sixth	1	Yes	Yes	no
117	17/03/2025 22:37:14	rishikanath2004@gmail.com	Yes	Rishika Nath	6002949054	23/00CI/026	Fourth	4	Yes	Maybe	No
118	17/03/2025 22:40:44	iamsuperb1633@gmail.com	Yes	Pura maye	8119-888640	23/00CI/048	Fourth	5	Yes	Yes	More of such study trips should be conducted.
119	17/03/2025 22:44:48	liantea2004@gmail.com	Maybe	Thanggriliana	7085139106	23/00CI/007	Fourth	4	Maybe	Yes	Good
120	17/03/2025 22:44:51	pespius118@gmail.com	Maybe	ANDRIAN Mark SYNREM	7887813424	23/00CI/043	Fourth	4	Maybe	Maybe	-
121	17/03/2025 22:47:54	elzchzhinghaki@gmail.com	Yes	Elizabeth Nenghiching Haki	6009234381	23/00CI/016	Fourth	5	Yes	Yes	The study tour was extremely tiring, but the art of studying Sociology is experiencing it. Hence, was a worthwhile experience.
122	18/03/2025 09:02:23	ochinmarak@gmail.com	Yes	Ochin ch marak	9863043371	22/00CI/054	Sixth	3	Yes	Maybe	None
123	18/03/2025 09:50:14	abbabianchi@mrenda.com	Maybe	Abbabiachi Mrenda Momin	9362750555	23/00CI/023	Fourth	3	Yes	Yes	The trekking was tiring but it was worth the efforts
124	18/03/2025 10:08:38	geraldgareth11@gmail.com	Yes	Gerald Gareth Myllemingap	7085921351	22/00CI/015	Sixth	5	Yes	Yes	No comments
125	18/03/2025 10:08:47	mesynphalpat@gmail.com	Maybe	Mesynphalpat Tongper	7642941370	A2207448	Sixth	3	Yes	Maybe	None
126	18/03/2025 10:41:26	kayierkim2019@gmail.com	Yes	Zathungo Exang	8787398566	23/00CI/004	Fourth	4	Yes	Yes	Noo.
127	18/03/2025 11:57:02	chaujamongkamthong@gmail.c	Maybe	Chau Jamong kamthong	6009286219	23 soci 031	Fourth	4	Yes	Maybe	It was good
128	18/03/2025 12:35:21	julietyngkan17@gmail.com	Maybe	Julie Tyngkan	8575392731	055	Fourth	5	Yes	Maybe	-

11. Geo tagged photos





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12. Signatures of Committee In-charge and organizer-

Miss. F. E. J. Syngai
HOD Sociology Department

13. For Collaborations any letter/endorsement- N/A

(Signature of all members)

Miss. Ritisha Kharshong

Sir. Shubhankar Sarma

(Signature of HOD)

Miss. F. E. J. Syngai
HOD Sociology Department



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